

Swim for Health, Swim for Life, Swim for Fun:

Kick Off for Swimming with the Kentucky Derby Dunk

Join RSU1 and the Bath Area Family YMCA on Sunday, October 25, 2009 for a Kentucky Derby Dunk at the Bath Area Family YMCA Pool.

Join swimmer steeds and sea horse jockeys of all ages in a variety of fun swim events that will highlight this afternoon event. Water Sport demonstrations by several Midcoast water associated folks will lend support to the effort to get our youth into swim lessons and help make water associated activities safer for health, for life, and for fun.

So, come and join us as a member of one of our seahorse farms, groom your steeds, wear a hat, and off to races we go!!!

Each "steed" or "seahorse" can join the races with an entry fee of \$5.00 per swimmer or \$15.00 per family. Or sit in the "Owner's Box," (\$25.00 a ticket) sip appropriate "mint juleps," and "bet" on your favorite farm or steed.

Pre-registration by calling Judy Metcalf at the number below is encouraged so that you can choose your "farm" silks.

This event will kick off a new exciting challenge set for all of RUS1 by Superintendent Shuttleworth. The Superintendent has appointed a committee of parents, teachers, and citizens to help raise the \$22,000 needed to assure safe transportation to the Y and qualified swimming instruction for each of our third and fourth graders for one term. Through this effort, more than 300 RSU1 Students will learn to swim or improve swimming skills they already have. Private foundations, local businesses, and community leaders will each be asked to make this goal a reality by January 2010.

If you would like to be one of the many who will help us achieve this goal, please give today. Checks may be made payable to RSU1: Swim for Health and mailed to The Superintendent's Office, 39 Andrews Road, Bath, Maine 04530

The Committee encourages you to join its efforts or would like more information about this event or the Swim for Health, Swim for Life, Swim for Fun Goal, please call or email Judy Metcalf, 442-7820 or metcalf442@myfairpoint.net

Swim for Health, Swim for Life, Swim for Fun

QuickTime™ and a
decompressor
are needed to see this picture.

With your support, every third or fourth grader in RSU1
will have the chance to swim like this!

Preamble: We live in a beautiful area, surrounded by water; yet our research indicates that only one out of 5 children can swim.

Goal: By 2015, all children leaving fourth grade will be able to demonstrate competence in swimming as proven by criteria that insures independent swimming ability. Children who already know how to swim will be given advanced training at their personal skill level. In partnership with the Bath Area Family YMCA's skilled lifeguarding and teaching staff, all RSU1 students by 2015 will have gained swimming skills for Health, for Life, and for Fun!

Value of Program: All kids deserve the right to be competent swimmers. Swimming is a life long skill, essential for health, weight control and self-esteem. We will reduce the risk of accidental and unintentional drowning. We will help our children measure their physical prowess in a sport that rewards individual performance and goals individually set.

Funding: RSU1 Parents, Citizens, and Supporters can make this goal a reality without changing our School budget. Through grants and donations RSU1 can achieve this goal and earn a limitless return.

PLEASE GIVE TODAY. Make your Check Payable to RSU1: Swim for Health
39 Andrews Road
Bath, Maine 04530

With your support, we hope to begin lessons in January, 2010

JOIN US! If you have any questions; would like to help make this goal a reality; or would like more information, please call or email Judy Metcalf, 442-7820 or metcalf442@myfairpoint.net

THANK YOU